

Arkansas Indistar

## Health and Wellness School Improvement Priority

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### Section I: School Information

<b>School Name:</b>	Salem Elementary School
<b>School LEA Number:</b>	2502005

**School Year: 2021-2022**

### Section II: Needs Assessment

#### School Health Index Assessment

Hint

- Check box if completing the SHI Assessment online
- Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online, a reference number must be provided.

<b>Reference Number:</b>	Sale925343
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#### Reviewer Comments:

#### Body Mass Index (BMI)

Hint

**Develop a brief narrative of student BMI trends based on the analysis of the data.**

COVID YEAR 2: 2020-2021 Data

Males Tested: 115

Females Tested: 108

Healthy Males: 47.5%

Healthy Females: 54.8%

Overweight Males: 24.2%

Overweight Females: 14.1%

Obese Males: 25.7%

Obese Females: 30.2%

Underweight Males: 3.0%

Underweight Females: 3.2%

#### Additional Health Data (Optional)

Hint

**Develop a brief narrative of other health and wellness data. (Optional)**

Arkansas Prevention Needs Assessment (COVID Data):

21.2% of 6th graders did not feel safe returning to school this year.

Since COVID, 51.4% felt "more hopeless" or "more hopeless than usual."

20% felt depressed "all" or "most" of the time.

**Reviewer Comments:****Section III: Health and Wellness Goals**

Indicate the LEA's compliance with the following State Mandates:

The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (*AR Code §6-20-709*).

**Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students**

Hint

**Goal 1 Measurable Objective**

Through coordination of curriculum & instruction, food service, and technology, the elementary will increase breakfast and lunch participation by 2% during the 2021-2022 school year. Hopefully, through new menu choices and public awareness, students will be more likely to eat more often and to eat healthier at school.

Due to COVID (Year 2), the food choices and food line have been changed to meet health guidelines related to the virus and transmission.

Food supply lines are also being interrupted due to COVID and workforce problems.

**Goal 1 Activities**

Activity	Person Responsible	Timeline
The wellness chair will present menus to the wellness committee quarterly through email to committee members and; by website at <a href="http://salemk12.nutrislice.com">salemk12.nutrislice.com</a> ; or by phone using the Nutrislice App. A hands on paper review will also be part of the meeting each quarter.	Thelma Allen	Quarterly
Fulton County Extension Agent, MaLinda Coffman, will meet with students in the elementary school to provide grade appropriate nutritional education.	Corey Johnson	Entire School Year
Fulton County Extension Agent, MaLinda Coffman, will provide professional development for teachers and staff members in relation to providing grade appropriate classroom instruction and curriculum	Corey Johnson	August, 2021
The school wellness committee will review the school wellness policy to ensure it is compliant with state and federal laws.	David Turnbough	October, 2021
The administration will ensure that all students are receiving grade appropriate nutrition educational experiences in the regular classroom through classroom observations and walk- - throughs.	Corey Johnson	Entire School Year
The administration will ensure that all cafeterias are in compliance with Civil Rights requirements: Nondiscrimination Statement on materials and website; "And Justice for All" posters posted in appropriate areas; and Language assistance for LEP.	David Turnbough	Each School Year

**Reviewer Comments:****Topic 2: Coordination and Implementation of Physical Activity and Education for Students**

Hint

**Goal 2 Measurable Objective**

Each year, the administration will emphasize the importance of physical education opportunities afforded at the elementary school, as well as, dedicate the necessary funds to support equipment used for PE and physical activity. The school will try to provide a wide variety of activities so all students might find an interest that might help them better live a healthy lifestyle.

**Goal 2 Activities**

Activity	Person Responsible	Timeline
Salem Elementary provides 40-80 minutes per week of physical education with a certified physical education teacher. K- 6 students are also provided with 160 minutes per week of physical activity with a certified teacher	Corey Johnson	All year.
Wes James will be teaching PE for grades K-6. He is a fully certified PE teacher. The principal will work with Mr. James on his professional growth plan to provide professional development opportunities that will emphasize a well-rounded curriculum for elementary children.	Corey Johnson	All year.
Elementary students (K- 6) are provided with a schedule that rotates between the following each week day: PE, Art, and Music. All students also participate in recess daily.	Corey Johnson	All year.
The District Wellness Committee will begin reviewing the District Wellness Policy in the October meeting. A final recommendation will be made in the March board meeting in order for the policy to be approved by the board before May 1 policy approval deadline.	Wayne Guiltner	Yearly (Required every 3rd year)
Teachers will implement physical activity within the classroom across the curriculum in grades K6. Activities such as GoNoodle and Classroom Yoga are a few examples that teacher have been using.	Corey Johnson	All year.

**Reviewer Comments:**

**Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students (NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)**

Hint

**Goal 3 Measurable Objective**

Make all staff members aware of student trauma and provide them resources to help students cope and overcome traumatic experiences, including returning to school during/after a pandemic.

**Goal 3 Activities**

Activity	Person Responsible	Timeline
Reinforce last year's book purchase during PD (Supporting and Educating Traumatized Students by Eric Rossen).	David Turnbough	August BTS PD
Provide a copy of Emotional Poverty by Dr. Ruby Payne for every staff member.	Wayne Guiltner	August BTS PD
Schedule on-site PD by Dr. Payne in June, 2022.	Wayne Guiltner	June 7, 2022

**Reviewer Comments:**

**Topic 4: Inclusion of School-wide Health Related Professional Development**

Hint

**List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):**

Session Title	Trainer/Organization	Session Duration
Fulton County Extension Agent, MaLinda Matthis, will provide nutrition professional development for classroom teachers during during the back-to-school in-service days. Ms. Matthis will also interact throughout the school year to provide activities and resources for classroom teachers.	MaLinda Matthis/UADA	August, 2021 and All Year
Classroom teachers will be given in-service on possible nutrition instruction and physical activities to use across the curriculum (K12) during the back-to- school in- service by the PD coordinator. Teachers will be encouraged to email examples throughout the school year to the coordinator to document the frequency of classroom interactions.	David Turnbough/Salem Schools	August, 2021 (2 hours)
Classroom teachers will be given in- service on Civil Rights related to meal service and cafeteria program.	Leann McDonald/OPAA	Yearly (30 minutes)
Parents will be given information related to Civil Rights in meal service and the cafeteria program on the menus and during the Public Meeting in the Fall.	Leann McDonald/OPAA	Yearly (30 minutes)
Dr. Ruby Payne will be in person on June 7, 2022 to provide an all day PD session regarding childhood trauma.	Wayne Guiltner/Salem Schools	June 7, 2022 (6 hours)

**Reviewer Comments:**

**Reviewer Response:**

ADE Reviewed

**Reviewer Comments:**

Close